

## CLUB CHAMPIONSHIPS WINNERS 2013

### DUATHLON

Nick Murphy 25th in Lancaster Duathlon 1:33:38

### SPRINT DISTANCE TRIATHLON

Kevin McDermott 50th in St. Annes Triathlon 1:08:28

### STANDARD DISTANCE TRIATHLON

Bernard Nolan 26th in Salford Triathlon 2:23:10

\*(THERE WERE NO FEMALE ENTRIES FROM THE CLUB IN THE ABOVE RACES)

### AQUATHON - MALE

Simon Myers 1st in Elton Aquathon 0:38:30

### AQUATHON - FEMALE

Ella Carter 3rd in Elton Aquathon 0:41:15

### AQUATHON - 16 AND UNDER

Joseph Akik 2nd in Elton Aquathon 0:47:22

### WOMENS TRIATHLON

Emma Tonge 27th in Deva Divas Triathlon 1:33:15

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### 2013 TRIATHLETE OF YEAR MALE

(loads of nominations and very close vote for top three)

#### DAVID RINGWOOD

Did first triathlon's Ribby Hall and Fleetwood and was first over 50 (Supervet) at Fleetwood -his age is 64

### 2013 TRIATHLETE OF THE YEAR FEMALE

#### NATALIE JACKSON

Ironman at Challenge Vichy in 11:42, Marbury Park Triathlon won her age group (20 to 25)

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### 2013 NEW IRONMEN AND WOMEN

**DON WHILEY** Bolton Ironman in Time of 12:25 at age of 50

**NATALIE JACKSON** Challenge Vichy 11:42

**HEATHER JACKSON** Challenge Vichy 10:02

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### 2013 JUNIOR TRIATHLETE OF THE YEAR FEMALE

Georgia Heath: did 9 events in the NW series and Red Rose Cross Country races in her first full year of triathlon

### 2013 JUNIOR TRIATHLETE OF THE YEAR MALE

Marcus Day: did 9 events in NW junior series and won them all. He also was picked for the NW team in the Inter Regional Championships where he won the T2 race.

### 2013 JUNIORS MOST IMPROVED GIRL:

Amy Walton

### 2013 JUNIORS MOST IMPROVED BOY:

Daniel Sykes